

Dr. Amy E. Duffy LCMHCS NCC CCTP
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Supervision Professional Disclosure

Education

North Carolina State University
Doctorate
Educational Leadership, Policy, and Human Development Clinical Mental Health Counseling
May 2021

North Carolina Central University
MA Counselor Education
December 2009

North Carolina State University
BA Psychology
May 2006

Licenses and Certifications

National Certified Counselor #259846
Licensed Clinical Mental Health Counselor Supervisor #S7903
Certified Clinical Trauma Professional
EMDR Trained – EMDRIA Approved
OK Corral Series – Equine Assisted Psychotherapy
Natural Lifemanship Equine Assisted Psychotherapy
Advanced 200 RYT – Registered Yoga Teacher - pending

This statement outlines general information regarding my supervision practice and approach. My purpose in presenting this to you is to acquaint you with some of my goals for supervision, to provide you with an overview of the supervision process, and to outline some of the conditions under which we both must operate.

The following are my qualifications for conducting supervision. I have worked in the mental health field for approximately 15 years. During this time, I obtained my LPC in 2011 and have been practicing as a Licensed Professional Counselor/Licensed Clinical Mental Health Counselor Supervisor for 9 years. I am also a National Certified Counselor (NCC) and Certified Clinical Trauma Professional (CCTP). My education includes obtaining a BA in Psychology from NCSU in 2006; a MA in Counselor Education from NCCU in 2009; and

completing my PhD in 2021. My supervision experience includes completing doctoral level training in Counseling Supervision Theory and Research as well as supervising both Master's level students and Licensed Professional Counselor Associates.

One of my areas of specialty includes the treatment of those who have been exposed to trauma. Such populations include, although are not limited to, survivors of sexual violence and military combat trauma. As part of this specialty, I focus a great deal of attention on the neurological effects to exposure, as well as the mind and body connection. In addition to working with those who have been exposed to trauma, I also specialize in the treatment of self-injurious behavior, adolescent concerns, eating disorders, military reintegration, crisis intervention, clinical diagnostic assessments and treatment planning, and immigration assessments - Violence Against Woman Act (VAMA), Asylum, and Hardship Waivers.

I adhere to the Code of Ethics for the American Counseling Association and the National Board of Certified Counselors.

Clinical supervision has two goals: the development of the counseling skills of the supervisee (counselor-in-training) and the protection of the client. These are always operating simultaneously when supervision is occurring. Most of the time, it will seem that primary attention is being paid to your developing skills. When this is so, it is because a judgment has been made that your client(s) is receiving adequate counseling services. When there is any question about the adequacy of the counseling that your client(s) is receiving, supervision will become more active and perhaps more intrusive.

As a supervisor, I will draw from various supervision models although you can expect the following. You will be encouraged to consider your thoughts, your behaviors, and your feelings, as you conduct your counseling sessions. I will draw from roles as teacher, consultant, and counselor, to assist you in doing this. The supervision you will be offered will be developmentally appropriate, meaning the supervision will be matched to your level of experience and your relative ability. The supervision you receive will include discussions about cultural context – your own, the supervisor's, and the client's, and how these affect the counseling and supervision relationships. The supervision you receive will be sensitive to your personal goals for yourself as a counselor and will be consistent with how you conceptualize client issues theoretically. You will be challenged and supported throughout supervision. Tapes and live observation will be utilized if/when I believe this supervision method is appropriate. As a supervisee, you will be evaluated in terms of your ability to demonstrate appropriate application of theory; multicultural and social justice competencies; modeling of microskills; and assessment abilities; as well as professionalism and self-reflection.

As your supervisor, I cannot guarantee confidentiality of information gained in supervision if it is relevant to your overall progress. This means that I will be in contact with all of your relevant supervisors (site supervisors, individual supervisors, and instructors) as needed to provide the most comprehensive supervision possible and to ensure your professional progress. I can, however, commit to honoring and respecting all information I receive in supervision about you and/or your clients and keeping all such information confidential to

the degree possible. Occasionally, there are situations that occur that make confidentiality impossible. These include: 1. threats to harm self or others; 2. reasonable suspicion of abuse of a child or other vulnerable person; and 3. when ordered by the court.

Please feel free to call me whenever you have any concern about a client for the duration of your supervision experience. My cell number is 919-791-7545. For regular communications, please e-mail me as identified at the top of this document. In case of emergency, please contact me via my cell when appropriate and safe to do so.

In the event you are dissatisfied or concerned regarding the services and treatment you are receiving, please inform me so we can address your concerns immediately. If you feel that you have been treated unethically, and are unable to resolve your concerns with me, please feel free to contact the North Carolina Board of Licensed Clinical Mental Health Counselors to inquire further into your rights and ethical guidelines. The board can be reached at: PO Box 77819, Greensboro, NC 27417 and/or (336) 217-6007.

Fee Schedule:

\$120 per individual/dyad supervision session

\$100 per individual supervision session if full-time position is with a registered non-profit organization

\$70 per group supervision session (3+ attendees)

Supervision Packages:

\$440 for 4 individual supervision sessions (\$110 per session)

\$800 for 8 individual supervision sessions (\$100 per session)

I look forward to working with you and to celebrating your progress as you take the next step in your goal of entering a noble profession.